

# Lifeguard Training Class



**REGISTRATION:** Begins March 12<sup>th</sup>. Limit of 10 participants. **Register early as this class can fill quickly!**

**REGISTRATION:** Either in-person at Civic Center, online, or via mail. Complete and detach the registration form below and return/mail with appropriate registration fee or register online at [www.wahooparksandrec.com](http://www.wahooparksandrec.com).

**PROGRAM FORMAT:** The American Red Cross lifeguard training class is for anyone 15 years of age by the last class session. This course trains lifeguards to act with speed and confidence in emergency situations both in and out of the water. Topics include: water rescue skills, surveillance and recognition, first aid, breathing and cardiac emergencies, CPR, AED, and more. Participants will achieve a two-year certification upon successful completion of the course and are eligible for a Lifeguard and/or Swim Lesson Instructor position with the City of Wahoo.

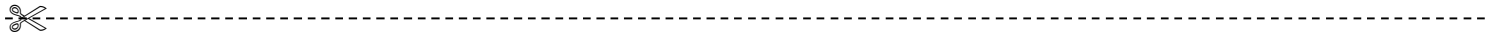
**Pre-Test:** (see flyer for skills to be demonstrated)      Sunday, May 19<sup>th</sup>      5pm-7pm      Aquatic Center

**Remaining class schedule:**

Monday, May 20<sup>th</sup>      4pm-6pm (general orientation mtg.)  
 Tuesday, May 28<sup>th</sup>      8am-12pm & 1pm-4pm  
 Wednesday, May 29<sup>th</sup>      8am-12pm & 1pm-4pm  
 Thursday, May 30<sup>th</sup>      8am-12pm & 1pm-4pm  
 Friday, May 31<sup>st</sup>      8am-12pm & 1pm-4pm  
 Saturday, June 1<sup>st</sup>      8am-12pm & 1pm-4pm (testing)

**Note: Students must attend every meeting and class at the times listed...no exceptions! Check your schedule!** Attendance in the course does not guarantee lifeguard certification. Students must pass written and practical exams.

Questions? Contact the instructor, Tyler at (308) 520-6471 or via email at: [tymasek01@gmail.com](mailto:tymasek01@gmail.com)



## REGISTRATION FORM – 2024 LIFEGUARD TRAINING CLASS

Participant's Name \_\_\_\_\_ Address \_\_\_\_\_ City/Zip \_\_\_\_\_  
 Date of Birth \_\_\_\_\_ Age Today \_\_\_\_\_ Grade in School \_\_\_\_\_  
 Male: \_\_\_\_\_ Female: \_\_\_\_\_ Home Phone \_\_\_\_\_ Parent's Work Phone \_\_\_\_\_  
 Parent's/Guardian's Name \_\_\_\_\_ Email address \_\_\_\_\_

In order to take advantage of the member rate, the participant must have a current Civic Center membership.

**Please circle the appropriate box to the right.**

Return registration form to the Civic Center.  
 Mail/Send to:  
 Wahoo Parks and Recreation Department  
 Attn: Lifeguard Class Registration  
 310 N. Linden St.  
 Wahoo, NE 68066

CLASS	MEMBER	NON-MEMBER
Lifeguard Training	\$150	\$170

### PERMISSION TO PARTICIPATE and INDEMNIFICATION AGREEMENT

I have read the aforementioned information concerning the Wahoo Parks and Recreation youth instructional program named herein and agree to its rules and format and give my child permission to participate in such a program.

Realizing that my child is participating for fun, recreation, and personal betterment, I hereby for myself and for my child, our heirs, personal representatives and assigns, waive and release any and all claim for injuries or damages of any kind of nature which either I or my child may have against the City of Wahoo, any instructor or assistant thereto, or anyone who organizes or causes this program to operate, their agents, representatives and assigns as a result of any class session or any participating in said instructional program and indemnify the City of Wahoo, and all parties named herein against such claim or damages arising from such claims. We hereby agree that instructors and their assistants shall not be liable for the injury or death of my child as a participant in said Wahoo Parks and Recreation program which results from the negligence of any of the above listed individuals. I understand that the City of Wahoo assumes no legal or financial responsibility in case of accident or injury and I assume full responsibility for my child's medical expenses and waive all rights or causes of action, which my child or I may have against the City of Wahoo and each of the persons named herein.

Parent's/Guardian's Signature \_\_\_\_\_ Date \_\_\_\_\_

FOR OFFICE USE ONLY

Date Pd. \_\_\_\_\_ Cash  Check  Chk. # \_\_\_\_\_ Credit Card  Amount Pd. \_\_\_\_\_ Staff Member \_\_\_\_\_